



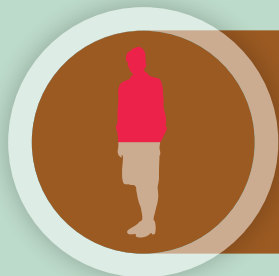
# WRAC Association

Women's Royal Army Corps Association

*Supporting women who served*



## LIFE EXPECTANCY & LONELINESS



Nearly **half** the adult ex-Service community are **over the age of**

**75**

Older women outnumber older men, as life expectancy is better for women - this means that **older women** are more likely to **live alone**



**12%**

of the 65+ age group feel **TRAPPED IN THEIR OWN HOME** – half of which consider **television** to be their main form of company

## INTERNET USE

Older adults are **less likely to use the internet** - of the 4.5 million adults who had never used the internet in 2018, more than half (2.6 million) were aged

**75 YEARS AND OVER**



A higher proportion of women had never used the internet than men:

**9.7% of women compared to 7.1% of men**

Those unable to get online are **unable to reap benefits** such as:

- Access to employment opportunities,
- Money saving opportunities, (average household savings by using the internet are £560) or
- Access **important** information on charities/public services, easing social isolation



Gov initiatives to increase access to internet (providing access in libraries/community hubs/GP surgeries) mean those unable to get online will be



**FURTHER DISADVANTAGED**